## **Spring Schedule 2024**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 -10:00AM	9:30 -10:30AM	9:30 -10:00AM	9:30 -10:00AM		8:45-9:45AM
STRONG	<b>ZVMBA</b> fitness	STRONG	Strength with Grace: Legs & Back		<b>EXPONSA</b> toning
(4/8 – 6/3) \$104	(4/9 – 4/30) \$68	(4/10 – 6/5) \$117	(4/11 – 6/6) \$117		(4/6 – 6/1) \$152
10:30 -11:30AM		10:30 -11:30AM	10:00 – 10:35AM		10:00 – 11:00AM
Gentle Ballet (Adult)		<b>ZVMBA</b> gold • toning	10:00 - 10:35AM		<b>EXPOSE</b> Sitness
(4/8 – 6/3) \$144		(4/10 – 6/5) \$171	(4/11 - 6/6) \$117		(4/6 – 6/1) \$152
		4:00 -5:00PM	10:45 -11:45AM		
		Ballet & Hip Hop (8 12yrs)	Beg/Int Tap		
		(4/10 – 5/22) \$140	(4/11 – 6/6) \$270		
	7:00 -8:30PM		7:00 - 8:00PM		REVISED: 5/4/24
	Beyond Basics (Teen/Adult)		Rhythm Nation Workshop (Adult)		
	(4/9 – 6/4) \$213		(4/11 – 5/23) \$181.25		
No Classes: <b>5/27/24</b>	No Classes:	No Classes:	No Classes:		No Classes: <b>5/25/24</b>